

PS



2010- 276

Date: April 20, 2010

Moved by: *Aury*

Seconded by: *[Signature]*

Whereas the Government of Canada defines mental health as the capacity of each and all of us to feel, think, and act in ways that enhance our ability to enjoy life and deal with the challenges that we face. It is a positive sense of emotional and spiritual well-being that respects the importance of culture, equity, social justice, interconnections and personal dignity; and

Whereas it also defines mental illness as a biological condition of the brain that causes alterations in thinking, mood or behaviour (or some combination thereof) associated with significant distress and impaired functioning; and

Whereas mental illness accounts for 30 per cent of disability claims, which translates into \$15-33 billion annually in Canada and that by 2020, depressive illnesses will become the leading cause of disease burden in developed countries like Canada; and

Whereas October 10<sup>th</sup> has been designated as World Mental Health Day; and

Whereas a supportive community, education and workplace environments facilitate recovery and people with mental illness who have positive mental health are better able to cope with the symptoms of mental illness; and

Whereas the Town of Caledon can be seen as a leader in promoting good mental health practices throughout the community and supporting mental health service providers in Caledon;

Therefore be it resolved that the Town of Caledon declares that it will join in recognition of World Mental Health Day, October 10<sup>th</sup>, and will actively help raise awareness of mental illness, promote the services and facilities available in Caledon and promote the practices of good mental health in order to sustain and grow a healthy community.

RECORDED VOTE	YES	NO	CONFLICT	ABSENT
Councillor Beffort				
Councillor deBoer				
Councillor Groves				
Councillor McClure				
Mayor Morrison				
Councillor Paterak				
Councillor Payne				
Councillor Thompson				
Councillor Whitehead				
<b>TOTAL</b>				

MAYOR: *[Signature]*

<input checked="" type="checkbox"/> CARRIED	<input type="checkbox"/> LOST
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